Determination of estrogens in water by HPLC–UV using cloud point extraction
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Abstract
A method based on cloud point extraction was developed to determine four kinds of estrogens: estriol (E3), estradiol (E2), estrone (E1), and progesterone (P) in water by high performance liquid chromatography separation and ultraviolet detection (HPLC–UV). The non-ionic surfactant Triton X-114 was chosen as extractant solvent. The parameters affecting extraction efficiency, such as concentrations of Triton X-114 and Na\textsubscript{2}SO\textsubscript{4}, equilibration temperature, equilibration time and centrifugation time were evaluated and optimized. Under the optimum conditions, preconcentration factors of 99 for E3, 73 for E2, 152 for E1 and 86 for P were obtained for 10 mL water sample. The detection of limitation was 0.23 ng mL\textsuperscript{−1} for E3, 0.32 ng mL\textsuperscript{−1} for E2, 0.25 ng mL\textsuperscript{−1} for E1 and 5.0 ng mL\textsuperscript{−1} for P. The proposed method was successfully applied to the determination of trace amount of estrogens in wastewater treatment plant (WWTP) effluent water and exposure water with 10 ng mL\textsuperscript{−1} E2 for toxicological study in our lab. For the case of WWTP effluent water samples, no estrogen was found. The accuracy of the proposed method was tested by recovery measurements of spiked samples and good recoveries of 81.2–99.5% were obtained.

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Keywords: Estrogens; Cloud point extraction; Triton X-114; Non-ionic surfactant; HPLC–UV

1. Introduction
The detection of natural and synthetic estrogens in water \cite{1,2} has attracted great interest in the research community and the general public because of their potential adverse ecological effects. Exposure to environmental estrogens has given rise to decreased sperm counts, increased testicular, prostate, breast cancer, and to reproductive disorders in human males \cite{3}. Relatively large amounts of natural and synthetic reproductive hormones enter various environments via several pathways such as the sewage treatment plant (STP) effluent outfalls. The large amounts of animal wastes and biosolids applied to agricultural fields might flow into nearby bodies of water or infiltrate through the soil into groundwater \cite{4}. Cattle and poultry manure have been reported as a source of the environmental loadings of 17β-estradiol \cite{1}.

Naturally occurring estrogens include estradiol and its most common metabolites and/or precursors: estrone and/or estriol. Progesterone is considered as a hormone balancer. Their physicochemical properties were listed in Table 1. The concentrations of estrogens in the environment are about several sub-ng to thousands of ng L\textsuperscript{−1} level \cite{4,5}. The most widely used methods for analyzing these estrogens are chromatographic techniques such as gas chromatography (GC) or high performance liquid chromatography (HPLC), but their sensitivity and selectivity limit their direct use for determination of these contaminants at a very low concentration level in environmental samples with complex matrix. Therefore, a sample pretreatment step prior to chromatographic analysis is usually necessary, such as liquid–liquid extraction (LLE) and solid-phase extraction (SPE). Unfortunately, all of these methods require a large sample volume and time-consuming. In particular, the traditional liquid–liquid extraction method is also dangerous to analysts because of the large volume of volatile organic solvent required. So in the last decades, the green liquid–liquid extraction method cloud point extraction (CPE) has been employed in analytical chemistry to
preconcentrate organic compounds [6–8] and metal ions [9–11]. Compared with the traditional organic liquid–liquid extraction, cloud point extraction requires a very small amount of relatively nonflammable and nonvolatile surfactants that are friendly to the environment. Another important merit is that no analytes are lost because it is unnecessary to evaporate the solvents. Using appropriate conditions such as temperature, concentration of surfactant, and equilibration time, the solution containing the surfactant becomes turbid and separates into two phases: a surfactant-rich phase (at a very small volume) and a larger volume of aqueous solution phase (bulk amount) with a diluted surfactant concentration, which approximates to its critical micelle concentration (CMC). The hydrophobic analytes of the solution are extracted into the surfactant-rich phase. Compared to the initial solution volume, the surfactant-rich phase volume is very small, thus a high enrichment factor can be obtained. As a promising alternative to traditional solvent extraction, CPE, especially the extraction of environmental pollutants is still at its initial stage. Only a few reports can be found on the extraction of polycyclic aromatic hydrocarbons (PAH) [12–14] and polychlorinated biphenyls (PCBs) [15] and dibenzofurans (PCDFs) [16], polychlorinated dibenzo-dioxins (PCDDs) [14], pesticides [16], vitamins [17] and other organic compounds such as chlorinated phenols [18]. All these indicate that cloud point extraction have great analytical potential as a new and effective enrichment method. But no reports have been published about how to extract estrogens from the water.

In the present study, a method was developed for analyzing the trace level determination of estrogens in water by CPE using Triton X-114 as the extraction solvent. The instrument is a high performance liquid chromatography coupled with an UV detector.

2. Experimental

2.1. Reagents

All reagents used were HPLC grade, and purified water from a Milli-Q system was used throughout the experiments. Estrol, 17β-estradiol, estrone and progesterone were obtained from Sigma–Aldrich, USA. Standard stock solutions (1000 µg/mL) containing these compounds were prepared by dissolving an appropriate amount of these compounds in methanol. Working solutions were prepared daily by an appropriate dilution of the stock solutions. The non-ionic surfactant Triton-X-114 (Acros Organics, New Jersey, USA) was used without further purification. Na2SO4 (Beijing Chemical Factory, PR China) was prepared immediately before each experiment.

The vessels used for trace analysis were washed with methanol and purified water before usage.

2.2. Instrumentation

The HPLC system used includes an Agilent 1100 series binary pump, an Agilent 1100 series VWD detector and a Rheodyne 7225i injector. The separations were performed on an Inertsil ODS-C18 column (250 mm × 4.6 mm, particle size, 5 µm). Acetonitrile and water were used as mobile phase with the gradient program as follows: 0–4.5 min, 45:55; 5.0–20 min 75:25, acetonitrile:water, v:v, and 1 mL min−1 was selected as the flow rate of the mobile phase. The VWD detector settings were as follows, 0–10 min, 200 nm, for E3, E2, E1, 11–20 min, and 240 nm for progesterone. A personal computer equipped with an Agilent Chemstation program for LC systems was used to acquire and process chromatographic data. Peak area was used as the analytical measurement. A thermostatic bath (TB-85 Therma Bath, Shimadzu, Japan), maintained at the desired temperature, was used to obtain cloud point preconcentration. Centrifugation with calibrated centrifugal tubes (Beijing Medicinal Instrument company, PR China) was used to accelerate the phase separation process. Easypure deionized water was used in this study (Model D7382-33, Barnstead Thermolyne Corporation, Dubuque, IA, USA). An Agilent syringe was used for injecting the sample into the loop. Twenty microliters were chosen as the injecting volume.

2.3. Cloud point procedure

For the extraction and preconcentration of estrogens, an aliquot of 10 mL of sample solution containing the analytes with 0.25% (w/v) of TritonX-114 and 0.4 M Na2SO4, were kept for 60 min in the thermostatic bath at 45 °C. Then the phase separation was accelerated by centrifugation for 5 min at 3500 rpm. After phase separation, the bulk aqueous phase was removed and the volume of the two phases was measured. Then, 20 µL of the remaining surfactant-rich phase was directly injected in the HPLC loop for subsequent analysis.

2.4. Extraction of estrogens in real samples

Sample 1: Fishes were kept in the exposure water with 10 ng mL−1 E2 for toxicological study in our lab. Theoretically,
E2 may degrade into E1 and CO₂ in short time. This exposure was determined after 24 h.

Sample 2: The effluent water from Gaobeidian (waste water treatment factory) WWTP (Beijing, China).

The real water samples were filtered through a 0.45 μm pore-size membrane filter to remove the suspended particulate matter and detected within 48 h after receiving them from WWTP (protected by adding 1% formaldehyde to the water). A 10 mL real water sample was submitted to the cloud point extraction procedure using 0.25% TritonX-114 and 0.4 M Na₂SO₄. After phase separation, 20 mL of surfactant-rich phase was directly injected to the injection loop for the analysis. Standard solutions containing 10, 10, 10, 50 ng mL⁻¹ of E3, E2, E1 and P were added to a 10 mL real water for the recovery test, respectively.

3. Results and discussion

3.1. Effect of the concentration of surfactant

TritonX-114 with a cloud point temperature of 23 or 24 °C [19,20] is one of the most commonly used non-ionic surfactants in the cloud point extraction [20]. There are several different parameters that can influence the extraction efficiency. They were investigated in our experiments. However, it is found that the preconcentration factor is independent of the initial concentration [21].

3.2. Effect of equilibration time

The equilibration time can affect the preconcentration factor of the surfactant [15], therefore, study on the determination of the optimum equilibration time was carried out to obtain appropriate recovery percentages for the analytes. Triton X-114 surfactant exhibits a similar behavior for all the estrogens under the given concentration range. Fig. 2 shows an increase in the extraction efficiency within the initial 20 min, then slight decrease in the following 30 min and increase again at 60 min, which is similar to the result of other research [20]. As a consequence, 60 min was adopted as the optimum equilibration time.

3.3. Effect of concentration of Na₂SO₄

The addition of salt to the solution can influence the extraction process. For most non-ionic surfactant, the presence of salts may facilitate phase separation since they increases the density of the aqueous phase [23]. Available electrolytes can also change the cloud point temperatures of non-ionic surfactant. The relevant electrolytes are usually in high concentrations (exceeding 0.1 M) [24]. The salting-in and salting-out effects can be used to interpret the electrolyte effects on the cloud points of non-ionic surfactant [25]. To study the influence of the electrolyte, different concentrations of Na₂SO₄, ranging from 0 to 0.7 M were added to the solution. The results are in concordance with other studies. The final surfactant-rich phase volume was not noticeably influenced by the increased ionic strength [25]. When the concentration is higher than 0.4 M, the surfactant-rich phase will be on the surface of the solution, which will make it more difficult to separate the extraction solvent into two phases and the accuracy and reproducibility probably were not satisfactory. As
Fig. 3. Effect of the ionic strength on the extraction efficiency: (■) estriol; (♦) estradiol; (▲) estrone; (▼) progesterone.

shown in Fig. 3, the extraction effect is best when the concentration is 0.4 M.

3.4. Effect of the equilibration temperature

When the cloud point extraction procedure was processed at equilibration temperature of the surfactant, the best extraction effect was achieved [26]. Thus, it is necessary to examine the effect of temperature on cloud point extraction. If the temperature is lower than the cloud point, two phases cannot be formed. Higher temperature leads to the decomposition of estrogens. In order to employ the lowest possible equilibration temperature to the efficient separation of phases, the equilibration temperature was examined. Theoretically, the optimal equilibration temperature of the extraction occurs when the equilibration temperature is 15–20 °C greater than the cloud point temperature of surfactant [26]. Fig. 4 shows the effects of equilibration temperature on the extraction efficiency. The maximum signals were obtained at temperatures between 37–50 °C. Therefore 45 °C was selected as the working equilibration temperature.

3.5. Effect of centrifugation time

The effect of centrifugation time on phase separation was studied in the range 2–20 min at 3500 rpm. The results showed that 5 min was enough to get a complete phase separation. So a centrifugation time of 5 min was selected as optimum.

3.6. Characteristics of analytical method

Table 2 shows some characteristics of the proposed method. The linearity of the four estrogen compounds was in the range 1.0–51.6 ng mL\(^{-1}\) for E3, 1–90 ng mL\(^{-1}\) for E2, 1–192 ng mL\(^{-1}\) for E1 and 50–1600 ng mL\(^{-1}\) for P, respectively. The detection limits based on three levels of the background signal to noise were 0.23 ng mL\(^{-1}\) for E3, 0.32 ng mL\(^{-1}\) for E2, 0.25 ng mL\(^{-1}\) for E1 and 5 ng mL\(^{-1}\) for P, respectively. Fig. 5 is the comparison of chromatograms before enrichment and after enrichment.

3.7. Analysis of real samples

In order to validate the accuracy and precision of the proposed method under the selected conditions, WWTP effluent water sample, exposure water in our lab and spiked samples

![Fig. 5. Chromatograph of a standard solution (a) standard solution in the bulk aqueous before enrichment (left); (b) Standard solution in the enrichment-phase (right). Experimental conditions: Triton X-114 is 0.25% and 0.4 M for Na\(_2\)SO\(_4\), equilibration temperature is 45 °C, equilibration time is 60 min.](attachment:image.png)
Table 3

<table>
<thead>
<tr>
<th>Water sample</th>
<th>Added (ng mL(^{-1}))</th>
<th>Found(^a) (ng mL(^{-1}))</th>
<th>Recovery(^b) (% ± )</th>
</tr>
</thead>
<tbody>
<tr>
<td>WWTP effluent water</td>
<td>E3 – nd –</td>
<td>10.0</td>
<td>9.9 ± 8.5</td>
</tr>
<tr>
<td></td>
<td>E2 – nd –</td>
<td>10.0</td>
<td>8.1 ± 11.5</td>
</tr>
<tr>
<td></td>
<td>E1 – nd –</td>
<td>10.0</td>
<td>9.8 ± 8.1</td>
</tr>
<tr>
<td></td>
<td>P – nd –</td>
<td>50.0</td>
<td>46.1 ± 10.1</td>
</tr>
<tr>
<td>Exposed water in our lab (E2: 10 ng mL(^{-1}))</td>
<td>E3 – nd</td>
<td>10.0</td>
<td>9.9 ± 10.1</td>
</tr>
<tr>
<td></td>
<td>E2 – 5.6 –</td>
<td>10.0</td>
<td>15.4 ± 12.0</td>
</tr>
<tr>
<td></td>
<td>E1 – nd –</td>
<td>10.0</td>
<td>9.8 ± 10.5</td>
</tr>
<tr>
<td></td>
<td>P – nd –</td>
<td>50.0</td>
<td>40.5 ± 9.9</td>
</tr>
</tbody>
</table>

\(^a\) Mean for three determinations.
\(^b\) Mean and standard deviation for three determinations. nd: not detected.

had been tested. The results are shown in Table 3. In all cases the spiked recoveries were satisfied, showing no obvious matrix interferences.

4. Conclusion

The cloud point technique was applied as an effective method for the extraction of four kinds of estrogens (estradiol, estradiol, estrone, progesterone) in aqueous samples. Using HPLC technique coupled with UV detector, the concentration of Triton X-114 is 0.25% and 0.4 M for Na\(_2\)SO\(_4\), equilibration temperature is 45 °C, equilibration time is 60 min and centrifugation time is 5 min. The high recoveries and precision showed the optimal experimental condition were satisfied. In conclusion, the proposed method is a simple, rapid, and effective method for the simultaneous determination of four kinds of estrogens with their very low concentration in environmental water.

Acknowledgements

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References